

The Banerji Protocol

Homeopathy is a scientific methodology that is more than 200 years old. In addition to the science, homeopathy has an art to its application. The best homeopaths combine logic and reason with experience and compassion. Over the years since Hahnemann first discovered the homeopathic principles, different homeopaths have developed various methods and protocols to address illness. I want to stress to you that there is no one definitive method of homeopathic treatment. Out of thousands of potential remedies that one can choose for a malady, there will often be a few that will get the job done, and we can be grateful that this overlapping of effective treatments makes our job of selecting “the perfect remedy fit” much easier.



Dr. Prasanta Banerji (left) and Dr. Pratip Banerji (right).

I recently had the life-changing opportunity to study at the world-famous Banerji Homeopathy Research Foundation and Clinic in Kolkata, India, where I worked knee to knee with the father and son team of Dr. Prasanta and Dr. Pratip Banerji. At this writing, I have returned there for another five weeks of study. Throughout the following chapters, I have included protocols I learned from this team. These protocols are highlighted in separate boxes throughout the text.

Dr. Prasanta Banerji is an 80-year-old homeopathic physician who learned not only from his 50+ years of practice but also from his father and great uncle, both of whom are community leaders and homeopathic physicians.

Each homeopath at the Banerji Clinic is able to help 100 patients every day. Yes, you heard me correctly...100! I am amazed not only by their ability to zero in on the case within minutes and cure deftly but also by their ability to collect impressive data. More than 1000 cases per day are taken, assessed and supervised by the Banerjis with, as far as I'm able to determine, a staff of approximately 15 homeopaths.

Upstairs in the data collecting rooms, a line-up of eight computers, each busily run by data input specialists, collate and compile every case. This is said to be the busiest medical clinic in the world. Patients and their families come from hundreds, sometimes thousands, of kilometers away, as well as from far-away places to be treated by this dynamic father/son duo.

Apparently a great deal of notoriety surrounds these remarkable results. In fact, the Drs. Banerji are frequent presenters at Canadian, German, Swiss, Italian and even American medical conferences. The work of these two great masters is being recognized by conventional medical directors, and history is being made.

According to the Banerjis in the introduction of their book, *The Banerji Protocols*, these protocols are “a new system of medicine, in which specific homeopathic medicines are prescribed for specific diagnosis of disease.”

Classical homeopathy considers the symptoms not only of the disease but also of the constitution of the patient. It treats the patient as a whole and each person as an individual. If five people suffer from the same problem, five different homeopathic remedies might be used, a different remedy for each person.

Note on the Banerji Protocol

Throughout this book, the Banerji Protocols will be offered in green boxes in the side bar.

⊕ refers to the mother tincture, which is the original tincture made from the plant or source of the remedy.

+ indicates a mixture of two remedies taken together.

The Banerji protocols differ from classical homeopathy in that the remedies are prescribed based on the diagnosis of the illness and not on the constitution of the person. The Banerji protocols take a disease-specific approach, much like allopathic medicine but based on almost 100 years of clinical experience by three generations of Banerji doctors.

The Banerjis prescribe specific medicines for specific diseases. These diseases are diagnosed using modern state-of-the-art methods, including ultrasound, MRI, cancer biomarkers and other advanced tests. These tools, which were not available to classical homeopaths, allowed the Banerjis to streamline their protocols. They say, "Our approach is more diagnostic than individualistic, i.e., more objective than subjective."

The Banerjis also often combine homeopathic remedies in their practice. Their many years of clinical experience have shown them that these medicines can be combined "for special advantages in treatment," and "quick and uneventful recovery can be ensured in a much shorter time."

Over the years, as I have tried to share the value of homeopathy in family health care,

I have encouraged mothers and other caretakers to use this valuable tool to treat acute illnesses. The Banerji protocols expand those capabilities beyond acute illness into the realm of some chronic illnesses. So, they give you even greater control over your family's health.

I constantly receive comments about how nervous a mother feels when making a remedy choice for the first time. The Banerji protocols empower you to make those initial choices more quickly and confidently.

As the Banerjis say, "The use of specific medicines in specific potencies, in fixed dosage patterns, eliminates the necessity for any guesswork on the part of novice practitioners and is always a tremendous help for even seasoned doctors."

I am honored to be able to include in this manual some of the Banerji methods that I have learned, and I encourage you in your study of homeopathy to avail yourself of their knowledge and experience. You can learn more at the Banerji Homeopathy Research Foundation website:

www.pbhrfindia.org.



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